

Moksha Therapy
Psychology Practice

2 Farnells Road Katoomba NSW 2780

Mob: 0420 973 363

<u>www.mokshatherapy.com.au</u>

I, Vinity Gill (Psychologist), run Moksha Therapy Psychology Practice Pty Ltd. I have been operating this practice from Katoomba for over 12 years.

As part of the Blue Mountains community for over 12 years and running my practice, I believe in supporting families through a systemic lens. I have two staff members therapeutic assistant, and an exercise physiologist. My clients range from as young as two years old and as old as sixty years. The case presentation of these clients can vary from mild to severe intellectual and physical disability.



I am a registered Behaviour support specialist as an NDIS provider, offering the following services within the NDIS portfolio:

- Early Childhood Support
- Therapeutic Support
- Behaviour Support (Includes Behaviour Support Plan). The behaviour support category requires TPV certification, and Moksha Therapy Psychology Practice Pty Ltd is verified by DNV-GL, who have assessed and verified my practice as complying with the requirements of the NSW Disability Service Standards applicable to organisations funded by Ageing, Disability and Home Care (ADHC) and Registered under NDIS. A copy of the DNV-GL TPV Certificate can be provided if required.
- ABAS-3 Assessment and associated comprehensive report
- ADOS- Certified

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## Modalities I use:

- Cognitive Behaviour Therapy
- Family Systems Theory,
- Child-centred Play therapy

I also conduct workshops based on Family systems theory. The areas covered are:

- Parenting with confidence
- Leadership in workplace/families
- Being an effective Support Staff

## Services provided:

- Clinic Appointments
- Clients residence Appointments



## **Contact Details:**